

Tide-Dent News



*The Newsletter of the
Tidewater Dental Association*

VOL. LXII, NO. 3

EDITOR: ROD M. ROGGE, D.D.S.

SUMMER 2019

*Please join us at the
Annual Business Meeting
and
Election of Officers
Wednesday, August 14, 2019*

*Norfolk Yacht & Country Club
7001 Hampton Blvd
Norfolk, Virginia*

- - -

Business Meeting: 6:00 P.M.

Cocktails and Dinner: 7:00 P.M.

OFFICERS

PRESIDENT:

Dr. Adrian Laxa 497-1450

PRESIDENT-ELECT:

Dr. Harlan Hendricks 486-4469

RECORDING SECRETARY:

Dr. Zaneta Hamlin 416-5977

PARLIAMENTARIAN:

Dr. Neil Landy 490-3830

EXECUTIVE COMMITTEE

Dr. J. Patrick Baker 440-1360

Dr. Jessica Clark 467-7797

Dr. Greg Engel 486-7857

Dr. Stephen Haupt 340-7602

Dr. C. Danielle Howell 539-7695

Dr. Richard Quigg 496-6690

Dr. Les Richmond 460-1939

Dr. Rod Rogge 333-7444

Dr. John Ross 340-2356

IMMEDIATE PAST PRESIDENT

Dr. David T. Marshall 489-4221

VDA BOARD OF DIRECTORS

Dr. Anthony Peluso 420-4035

FERRIS-DONNE FOUNDATION

Dr. James Krochmal 440-7777

NOMINATING COMMITTEE REPORT

The slate of Officers and Executive Committee Members below will be presented to the membership at the Tidewater Dental Association Annual Meeting on Wednesday, August 14, 2019 at 6:00 P.M.

- OFFICERS -

President (Automatic) Dr. Harlan Hendricks

President-Elect: Dr. Zaneta Hamlin

Treasurer/Secretary: Dr. C. Danielle Howell

- VDA BOARD OF DIRECTORS MEMBER -

Dr. David T. Marshall

Nominating Committee:

Dr. Carmen A. Cote

Dr. J. Patrick Baker

Dr. Adrian M. Laxa

Dr. David T. Marshall

Dr. Rod M. Rogge



REVISIONS TO THE BY-LAWS

We will vote on proposed changes to the By-Laws at the Annual Meeting.

Please review the proposed changes on our website:

www.tidewaterdentalassoc.org



2019 VIRGINIA MEETING

September 25 - 29, 2019

Richmond Marriott (Downtown)

500 E. Broad Street

Richmond, VA

Register at:

<https://www.vadental.org/events/virginia-meeting>



WELCOME NEW MEMBERS

Emmy Gracia

Evelyn Luma

Vanessa Motos

Ryan Shuck

Khaled Taha

TIDE-DENT NEWS

ROD M. ROGGE, D.D.S., Editor

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ANGIE DEACON

Executive Secretary

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President's Message

Adrian M. Laxa, DDS

I'd like to take a minute to look back on my year as President of the Tidewater Dental Association. First of all, I want to thank Angie Deacon, our Executive Secretary, for helping our organization in countless ways. I also want to thank all of the Executive Committee members and fellow officers for keeping our organization running efficiently.

As you all may have noticed, we have updated our website (www.tidewaterdentalassoc.org) to match the other state components, as well as providing easier navigation through our web page for information about our organization.

Earlier on in the year, the VDA, along with members of the TDA and other components were successful in our primary legislative task of having the General Assembly Session pass HB1682. The Governor signed this legislation and it became effective July 1, 2019. Once again, thank you to all of our members who helped contribute to a successful

“Day on the Hill.”

Moving forward, I am truly excited to see what our organization can achieve with an energetic group of upcoming officers. Our organization will continue to help shape a better profession for all of us. There will always be upcoming challenges, but with a strong association, loyal members, we can better the profession for all of us.

I look forward to seeing you at our Annual Meeting next month (details on the front cover) and please join us this year in supporting our Virginia Dental Meeting to be held in Richmond, VA on September 25-29, 2019.

Sincerely,

Adrian M. Laxa, D.D.S.

ASK YOUR LEGISLATORS TO SUPPORT FACULTY LOAN REPAYMENT BILLS

By Jennifer Garvin

Washington — The ADA, American Academy of Pediatric Dentistry and other dental organizations are asking dentists to contact their legislators to support legislation that would strengthen the Dental Faculty Loan Repayment Program.

In a May 23 email sent to ADA and AAPD grassroots members, Dr. Tommy Harrison, chair, American Dental Political Action Committee, and Dr. Warren A. Brill, chair, AAPD Political Action Committee, urged the dentists to contact their lawmakers to ask for support for HR 996 and S 359. The bills would strengthen the Dental Faculty Loan Repayment program by exempting certain dental faculty participants from having to pay income tax on the federal loan repayment they receive.

“We can all agree that one of the pillars of preserving our profession's future is ensuring that we attract top educators to our dental schools,” wrote Drs. Harrison and Brill. “With the staggering student loan debt that many graduates face, and the income disparity between the private sector and a career in teaching, the ability to retain and attract top faculty is more difficult than ever.”

Using statistics from a 2018 survey by the American Dental Education Association, the email alert noted that with 40% of the dental faculty workforce nearing retirement age and only 0.4% of dental school seniors planning to enter

academia after graduation, the legislation could help schools recruit and retain quality faculty.

The email also highlighted Reps. Yvette Clarke, D-N.Y., Mike Simpson, R-Idaho, Grace Meng D-N.Y., and Paul Gosar, R-Ariz., and Sens. Ben Cardin, D-Md., and Roger Ricker, R-Miss., for being the lead sponsors of this bipartisan legislation in Congress.

To contact your legislators to support these bills, visit the ADA Legislative Action Center at ADA.ActionCenter.org.

Congratulations

New Members of the Pierre Fauchard Academy



Dr. David Marshall, VDA President Dr. Sam Gaston,
Dr. Dani Howell, and Dr. Anthony Peluso.

ANESTHESIOLOGY RECOGNIZED AS A DENTAL SPECIALTY

By Kimber Solana

Dental anesthesiology becomes the 10th dental specialty recognized by the National Commission on Recognition of Dental Specialties and Certifying Boards.

The recognition comes after the National Commission on March 11 adopted a resolution based on an application from the American Society of Dentist Anesthesiologists to recognize dental anesthesiology as a dental specialty.

“This historic vote by the National Commission certainly reflects the ADA’s ongoing efforts towards improved patient care and safety in the areas of dental sedation, dental anesthesiology and access for those with special health care needs,” said Dr. James Tom, president, American Society of Dentist Anesthesiologists.

The ADA House of Delegates in 2017 established the National Commission to oversee the decision-making process for recognizing dental specialties. The “Requirements for Recognition of Dental Specialties” is still managed by the ADA’s Council on Education and Licensure and the ADA House of Delegates.

Dental anesthesiology now joins the following dental specialties: dental public health; endodontics; oral and maxillofacial pathology; oral and maxillofacial radiology; oral and maxillofacial surgery; orthodontics and dentofacial orthopedics; pediatric dentistry; periodontics; and prosthodontics.

Dental specialties are recognized “to protect the public, nurture the art and science of dentistry and improve the quality of care,” according to the National Commission website.

A sponsoring organization seeking specialty recognition for discipline of dentistry must document that the discipline satisfies six requirements, as outlined in the “Requirements for Recognition of Dental Specialties.” The sponsoring organization of the proposed specialty must provide documentation to show that it is a distinct and well-defined field that requires unique knowledge and skills beyond those commonly possessed by dental school graduates; that it requires advanced knowledge and skills; and that it scientifically contributes new knowledge, education and research in both the field, and the profession.

The American Society of Dentist Anesthesiologists submitted its application to the National Commission in Sep-

tember 2018. Following a review by the National Commission’s Review Committee on Specialty Recognition in November 2018, the National Commission invited public comment for a 60-day period.

At its February 2019 meeting, the review committee considered all the comments received that directly related to whether the application met all the requirements for specialty recognition and made a recommendation to the National Commission to grant specialty status. At its March 11 meeting, the National Commission determined that the application did meet the “Requirements for Recognition of Dental Specialties” and adopted a resolution recognizing dental anesthesiology as a dental specialty. A resolution needs a two-thirds majority vote to be approved.

Following approval by the National Commission, the sponsoring organization must establish a national board for certifying diplomats in accordance with the “Requirements for Recognition of Dental Certifying Boards.”

The National Commission on Recognition of Dental Specialties and Certifying Boards is comprised of nine general dentists, appointed by the ADA Board of Trustees and approved by the House of Delegates; one specialist from each of the nine recognized specialties, appointed by the sponsoring organization; and a public/consumer member appointed by the National Commission.

“Being the 10th ADA-recognized specialty in 20 years validates to the public and the profession that organized dentistry is willing to challenge the status quo and explore new collaborative efforts with our counterparts in medicine and nursing,” said Dr. Tom. “We look forward to widely promulgating sedation and anesthesia awareness and education in all facets of oral health care, and as dentist anesthesiologists working alongside all other dental professionals, we hope to drive the profession forward cooperatively.”

The recognition comes nearly 175 years after a Hartford, Connecticut, dentist extracted one of his third molars to test the analgesic properties of nitrous oxide. It was Dr. Horace Well’s introduction of nitrous oxide, and the demonstration of anesthetic properties of ether by Dr. William Morton, a student of Dr. Wells’, that gave the gift of anesthesia to medicine and dentistry.

JAMA STUDY EXAMINES THE IMPACT OF A SUGAR-SWEETENED BEVERAGE TAX

In a study published in JAMA on May 14th, researchers found an association between Philadelphia’s tax on sugar sweetened beverages and the volume of sales of these beverages. Sales within Philadelphia decreased by a little over

50% after the tax was implemented, with significant price increases at various points of sale for these beverages. However, sales on the beverages did increase in areas bordering Philadelphia, partially offsetting the overall impact of the tax.

PROBING THOUGHTS

by Rod Rogge

I rent my office space in a building with two dentists, and a few other allied medical offices. Recently, there was a water main break in my office during the night, and the next morning we had 3 inches of water on the floor. I'm glad it wasn't sewage, but it took over 3 weeks to adequately dry out the gypsum / concrete subflooring and walls. The water also ruined my supply cabinets, break room cabinets and lockers and lab benches. Three weeks of fans, big hot dehumidifiers, ripped out drywall and insulation and flooring, and now I am told it will take 3-4 weeks to replace the cabinets. New flooring and painting will take even longer.

I would like to thank my dental colleagues, Tom DeMayo and Sarah Esparza. They have graciously donated space in each of their offices so that my hygienist and I can continue working throughout this ordeal. This has allowed me to treat patients and employ my very supportive staff.

I knew about some disaster prevention/abatement practices before this incident—maybe some of you already do these things—but as I waited for things to dry and assessments to be made, I began to research these things more aggressively. I will be a much more vigilant tenant, and a much more cautious home owner as a result of my unfortunate experience. Perhaps some of you are ahead of me on these preventive measures, but I believe they are worth a review.

Know how to turn off your water main, and gas main if you have one. Consider turning off the supply if the office or home will be unoccupied for more than a weekend. Know your circuit board well, and what circuits are connected to each breaker in the box. Replace washer hoses every 5-7 years, and consider metal covered hoses. Clean out dryer exhaust hoses to reduce chance of fire. Have your roof and window seals evaluated every 5-8 years. At least annually check for good drainage from water heater and air conditioner condensation pans. Annually have pest control experts examine for insects, animal damage and invasion. Consider getting a whole office surge protector, to reduce damage to

all manner of electrical equipment. Of course, always back up your data at least once a day at a remote safe location. There are numerous and reasonable ways to back up data on the cloud; you can ask your software provider for suggestions. Consider unplugging sensitive electrical equipment in case of lightning damage. Have a plumber check for corroded pipes, leaking drains, and failing toilet seals. Check smoke and heat detectors, and replace batteries annually. If you have a sprinkler system, consider protecting sensitive equipment from damage by water if the sprinklers go off.

There are many new smart devices that can be added to what you have, or replace older units. Most smart devices can be controlled with your cell phone from virtually anywhere. Video monitors reduce theft, vandalism, and can let you check on the home or office if a motion detector picks up some unexpected movement. Smart water leak detectors are battery powered devices that resemble smoke alarms, and you place them near plumbing fixtures and appliances at risk for leaking. There are apparently full flood monitoring systems that includes multiple water leak detectors and automatic shut-off valves that you can control remotely. Smart smoke detectors can alert you remotely, and can be integrated with your security system. Some detectors will even shut down the HVAC so that smoke particles do not spread throughout the home or office. There are even smart batteries which can be installed on your existing smoke detectors to convert them into smart devices. Smart fire detectors can alert you if the temperature reaches a certain level, or if there is a sudden rise in temperature. These fire detectors do not replace smoke detectors, you really need both. Smart outlets can let you know if something was left on unintentionally, and be turned off remotely, for things like stoves, lights, compressors, etc.

As a good Boy Scout, I have tried to be prepared, but I obviously have more to learn. I hope that my new list of suggested strategies to avoid calamity help you as well as me in the future.



STUDIES FIND ASSOCIATION BETWEEN ORAL HEALTH, SYSTEMIC HEALTH

The New York Post (6/4, Sparks) reports on recent studies that have found an association between poor oral health and Alzheimer's disease, ischemic stroke, and high blood pressure, among other health issues. For instance, the article reports a study by researchers in Norway found *Porphyromonas gingivalis* may play a role in the development of Alzheimer's disease.

In another study, researchers were "able to pinpoint common oral pathogens in 79% of cerebral blood clots samples of 75 stroke patients." A related 2018 study also found an association between high blood pressure and poor oral health, and Dr. Davide Pietropaoli, the study's lead investigator, said, "Oral health is indispensable to overall physiological health."

THINGS TO KNOW ABOUT ADA LIFE AND RETIRED MEMBERSHIP

(This is repeated from the previous issue.)

Some members don't realize that they are only one form away from free or reduced dues for their ADA membership. Here are some key points to investigate:

LIFE MEMBERSHIP is for members who are 65 or older and have at least 30 years of consecutive membership with the VDA or 40 total years split among several state association.

There are two types of life membership:

- **Active Life Membership** – Members who meet the requirements for life membership, but are not yet retired. This provides a 25% off the price of full active dues
- **Retired Life Membership** – Members who meet the requirements for life membership and are no longer in practice. Member dues are FREE

RETIRED MEMBERSHIP, but not yet a life member

If you've retired, but haven't attained life membership, you still qualify for a 75% off of full active dues

Taking advantage of this benefit

Whether you qualify for life membership or not, if you've retired or are about to retire, and want to receive the appropriate discount to your dues, contact Sarah Mattes Marshall mattes@vadental.org or (804)523-2189 for a Retired Affidavit form. For more information on membership and dues, check out this ADA resource: <https://googl/8Y1s85>

There are also reductions for members with permanent or temporary disabilities. Contact your VDA to find out more.

ASSOCIATE DENTIST NEEDED

Fast-paced, multi-specialty, family-owned dental practice is seeking an Associate Dentist. Eastern Virginia Family & Cosmetic Dentistry is a state of the art, recently renovated practice that has been serving Hampton Roads for over 35 years. The growing practice includes in-house perio, endo, and an outstanding team of professionals to help ensure continued dynamic growth.

The ideal candidate possesses great communication skills, high clinical standards, and a commitment to exceptional patient experiences. AEGD, GPR, or 2 years of equivalent experience preferred.

Benefits include mentoring from both general dentists and specialists.

This is a full time position. Hours are Monday-Thursday 8am-5pm, and Friday 8am-12pm. No night or weekend hours.

Practice is located in Western Branch area of Chesapeake, Virginia.

Competitive Compensation Structure for Full Time Employees includes:

- Competitive Salary
- Medical/ Vision/ Dental Benefits
- Paid Vacation
- Paid Holidays
- 401k-profit sharing
- Section 125-Cafeteria Plan



Two Ways to Volunteer:

- Provide Dental Services Directly
- Become a VCU Preceptor to 4th year Dental Students

Licensed Volunteers Needed

Updated Facility

Tax Credit

Serve under clinic's malpractice coverage

Rewarding

Chesapeake Care Clinic

Heidi Swartz,
Dental Coordinator
757-201-9867

2145 South Military Highway,
Chesapeake, Virginia



Study Shows Home Teeth-Whitening Kits May Weaken Teeth

The Independent (UK) (2/21) reports teeth-whitening kits sold in drug stores “may leave teeth weaker and more sensitive,” according a study published Friday in British Dental Journal. Dental experts have called for a “ban on non-hydrogen peroxide based whitening kits which can be sold over the counter, after tests of five common brands found they could harm enamel.” The study found “damage was visible in tests on extracted teeth which had been whitened in line with the manufacturer’s instructions.” Home users could cause additional damage “by applying them for too long or more frequently, or if they have underlying dental problems that would take a dental inspection to pick up, the authors said.”

The Daily Mail (UK) (2/21) reports the study’s authors “said traditional bleaching treatments have 30 years of safety data, but little research has been done to show over-the-

counter products are safe” Lead author Dr. Joseph Greenwall-Cohen from the University of Manchester Dental School said: “Not all bleaching products are the same and not all bleaching products are safe.” He urged the public to “undertake more caution in selecting bleaching or whitening products they apply to their teeth.”

Dental professionals can find additional information on whitening on an ADA Science Institute-developed Oral Health Topics page.

The ADA also offers a brochure, Tooth Whitening for a Better Smile. Dental professionals can direct their patients to MouthHealthy.org, ADA’s consumer website, for evidence-based information about teeth whitening. The ADA provides a complete list of toothpastes with the ADA Seal of Acceptance, including some with stain removal attributes.

VETERANS DENTAL CARE PILOT LEGISLATION

Rep. Gus Bilirakis (R-FL) reintroduced the VET Care ACT (H.R. 2628) on May 9th, which would create a pilot study through the Department of Veterans Affairs (VA) to provide no-cost dental services to a sample group of eligible veterans. The bipartisan legislation is seeking to determine if there is a correlation between veterans receiving oral health services and suffering fewer complications of chronic ailments, consequently bringing down the overall cost of care.

Dental and oral health care services provided by the VA are currently limited to a small population of eligible veterans. Those who are eligible often have a service-connected dental condition or disability, or a dental condition that is impacting the treatment of another medical condition.

Impact on General Dentistry: The AGD supports the intent of this legislation to create a pilot program to study the impact of providing dental care at no cost to our nation’s veterans.

SMARTPHONES ARE “BREEDING GROUND FOR GERMS,” STUDIES SHOW

USA Today (2/26, Brown) reports that various studies have shown smartphones are “a breeding ground for germs and a cesspool of bacteria.” Experts say our hands and our phones are in contact with a variety of surfaces and their germs, which “can make you, your family and anyone else you come in contact with sick.” The article adds that “the Centers for Disease Control and Prevention estimates 80

percent of all infections are transmitted by hands, and our smartphones have basically become an extension of that.” Because “Americans check their phone once every 12 minutes,” according to USA Today, there are “plenty of opportunities for microorganisms to migrate between your fingers and your phone.”

LEGISLATION IN OTHER STATES

Dentists in Oregon may now administer lifesaving vaccines to their patients. Signed into action by Oregon Governor Kate Brown on May 6, 2019, HB 2220 also includes a declaration of emergency and is part of a statewide effort to raise vaccination rates. Oregon is the first U.S. state to allow dentists to administer any recommended vaccine to a patient of any age.

Illinois and Minnesota both allow dentists to vaccinate for influenza, but only in adult patients. Oregon is currently

in the midst of a measles outbreak. In addition to the MMR and influenza vaccines, Oregon dentists will now also be able to vaccinate for HPV, which has been linked to 70% of oropharyngeal cancers.

If you would like more information on legislative matters in your state, or are interested in carrying out advocacy on AGD issues, please contact us at advocacy@agd.org or visit the AGD’s Advocacy webpage.

Tidewater Dental Association

State Component Society No. 1
PO Box 986
Virginia Beach, VA 23451

ELECTRONIC SERVICE REQUESTED

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Dental Access to Care Programs in Hampton Roads

Chesapeake Care Free Clinic

- (757) 201-9867
- website: www.chesapeakecare.org
- contact person: Ms. Heidi Swartz

Healthy Smiles Dental Clinic

- 664 Lincoln Street, Portsmouth
- (757) 397-1466
- Website: www.hrhc.org
- contact person: Ms. Ginger Melton

Park Place Dental Clinic

- (757) 683-2692
- Jennifer Goodwin, Executive Director
- Website: www.parkplaceclinic.org

Peninsula Institute for Community Health

- six primary care sites
- website: www.pich.org/pages/locations.html

Western Tidewater Free Clinic

- Dental Coordinator: Joni Webber
- Jwebber@Wtfreeclinic.org
- 757-923-1060 Ext. 7019

UPCOMING EVENTS

Annual Business Meeting & Dinner

Wednesday, August 14, 2019
Norfolk Yacht & Country Club
Meeting 6:00 pm • Dinner 7:00 pm

The 2018 Virginia Meeting

September 25 - 29, 2019

Richmond Marriott
Richmond, VA

Fall Social

Date TBA
Details pending

Spring CE

March 2019
CPR & OSHA Training
Details pending

Are You Ready for Some Training?

- ⇒ Basic Life Support Provider CPR
- ⇒ Heartsaver CPR
- ⇒ First Aid for Medical Emergencies
- ⇒ Bloodborne / OSHA Training
- ⇒ New 1-on-1 HeartCode Training
- ⇒ Experienced AHA
instructors
- ⇒ Flexible class times
at your place!



CPR *Anywhere!*

We come to you.

Gordon Degges

757-481-6006

Gordon.CPRAnywhere@gmail.com

<https://www.cpranywhereva.com/>